

JAFFREY CHAMBER OF COMMERCE

June - July 2022

"In dedication to the betterment of our community"

7 Main Street • PO Box 2 • Jaffrey, NH 03452 • 603-532-4549 • Fax 603-532-8823 • www.jaffreychamber.com



A Tri-Chamber event hosted by Franklin Pierce University celebrating their 60th birthday. Pictured left to right are Cathy Furze, JCoC; Luca Paris, GKPC; President Kim Mooney, FPU; Cyndy Burgess, JCoC; Linda Hunt, RCoC.

Inside This Issue

Helping Ukraine

Page 2

Monadnock United Way
Launches New Campaign

Page 4

Scott-Farrar Welcomes New
Trustee Laura Gingras

Page 4

Financial Focus: Financial
Advisors Can Help Reduce
Stress

Page 5

Susan Peterson Honored as
Volunteer of the Year at MHS

Page 5

Jaffrey-Rindge School District
Expands Preschool Program

Page 6

First Church Annual
Summer Fair, Wed., Aug. 3rd

Page 8



Like us on Facebook!

Spotlight on: Blue Star Fitness



Owner Ursula Johansson's enthusiasm for being and staying fit is contagious! Full body workouts, nonimpact workouts, where you work your core is what she focuses on with her clients. Ursula's specialty is her boot camps.

These are a series of stations with a different exercise at each one. Clients do a station for a specific period of time and then move to the next one until all stations have been completed. Each class the client takes is different, always fun and never boring! Being creative and making it fun are her objectives. If there is a particular part of your body that needs toning or you are getting ready to run your first road race or take part in a triathlon, Ursula will develop a routine specific to your needs.

Ursula grew up in Peterborough, attended ConVal High School, married and raised her family there. When I asked the reason behind the name, Ursula

proudly answered, "Moms with children in the service are Blue Star moms. Our daughter Abigail is in the Air Force. Our son Zachary is in the Marines, and our son Jared is in the Navy." Ursula lives with her husband Mark and three dogs in Peterborough.

It was a long road to fitness and owning her own business, but a very fulfilling and rewarding one. She waitressed at Bat's in Bennington for over 20 years, was a real estate appraiser, worked at Millard Group and was the General Manager at Performance Health & Fitness. Her sister Nicki owned Ricnick's, and that is where Ursula began weightlifting and exercising. As General Manager of PH&F, Ursula earned her Personal Training Certification and added Personal Trainer and Class Instructor to her list of duties. COVID changed the way people exercised and how classes were held. Determined to keep

Blue Star continued on Pg. 11

Jaffrey Downtown Revitalization - Community Conversations

The Town of Jaffrey and Carsey School of Public Policy/NH Listens are partnering to facilitate two, 2-hour community workshops with the Downtown Revitalization Committee that focus on visioning the revitalization of downtown. The purpose of the workshops will be to hold space for learning and common ground conversations about what residents imagine for the downtown after current Department of Transportation construction projects are complete.

The event will take place on June 9 and 23 from 5:30 - 7:30 pm at the Jaffrey Civic Center. A light supper will be provided.

Workshop 1 will focus on information sharing and a discussion. During the session, participants will engage in a World Café style conversation with committee members' support.

Workshop 2 will start with a summary of what

was shared in the first gathering. Then the group will engage in a Photo Voice activity. Participants can share stories, pictures and elements of the downtown they love, and consider what is important to keep and what do we want to add. This provides information for a conversation about creating a vision of what we would like to see in the downtown (e.g., sidewalk amenities, crosswalks, information center, new businesses, business expansion/growth).

Final Report with Process, Themes, and Findings: NH Listens will help document the process and people's perspectives and experiences with a report that includes recommendations and strategies for next steps based on the workshop findings.

RSVP to jacarr@townofjaffrey.com. Call or email Jo Anne for more info 603-532-7880 x 110.



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Tickets may be purchased at
Woodbound Inn, Rindge Chamber,
Jaffrey Chamber, Shelter From The Storm,
or go to Upcoming Events page
online at www.shelterfromthestormnh.org

FESTIVAL 2022

Ukraine - How We Can Help

Thanks to the connections Ilona Kwicien has made through her work in Poland, we in Jaffrey have an opportunity to directly impact and support the lives of Ukrainian refugees. First Church in Jaffrey will be collecting money for on-the-ground projects in Poland; in the process, we will be learning more about the plight of refugees and finding new ways to connect to our brothers and sisters and the world.

The projects include support of 40 Ukrainian women and children in Kaniwola, funds for a school near Warsaw so Ukrainian students can attend an end of year "green school" with their Polish classmates, and support of an experienced intermediary - Lukasz - who travels to Ukraine regularly delivering needed supplies and occasionally bringing people out.

Ilona has emphasized how fluid this situation is. Things change

daily and monthly so we need to keep our end flexible. The long-term goal is to grow this fund to work with refugees from other countries in collaboration with groups in the Monadnock region.

First Church has set up a separate account for a Ukrainian support fund at TD Bank; donations will not be mingled with the church's operating budget. The funds will be transferred to a Polish bank account established by Ilona before she left. Two trusted people have access via debit cards as needs arise, and Ilona communicates with them frequently.

If you would like to donate to the Ukrainian Relief projects, please make out a check to Refugee Support or First Church in Jaffrey (write Refugee Support in the memo line). Mail to First Church in Jaffrey, PO Box 673, Jaffrey, NH 03452.

The PRIDE Award Is Back!

The Jaffrey Chamber of Commerce is pleased to announce the re-establishment of the PRIDE Award after several years of inactivity. With an endowed fund administered by the New Hampshire Charitable Foundation, we are seeking applicants who have demonstrated an outstanding contribution to the betterment of their community and have a project which will return an educational benefit to the community.

This opportunity is available to residents of Jaffrey and Rindge who have creative ideas for non-profit service, professional development or non-traditional learning which will lead to the educational enrichment of the community. The monies in the Pride Award fund may be awarded for the submission of a proposal reflecting the intent of community betterment in

an individual's goals and objectives, and a timeline and budget for the activity. The selection committee includes representatives from the Chamber, schools, business, and general community who meet periodically to assess the applications and make recommendations to the NH Charitable Foundation. The Foundation makes sure the application meets all the criteria and informs the committee of its decision.

The first PRIDE Award was given in 1991 with over \$50,000 awarded up until Covid times. An application is available at the Jaffrey Chamber of Commerce, PO Box 2, Jaffrey, NH 03452.

The Pride Award Committee is comprised of Cyndy Burgess, Cathy Furze, Owen Houghton, Sheila Girbach, Sharon Tieger, Kim Baker, Dayna Jackson, and Susan Peterson.

From the President



As I sit and think about what to say, I look out at Monadnock and my mind begins to wander. Not

unusual for someone getting on in their years! I remember when we used an actual phone to call friends, held a newspaper or book in our hands to read it, rode our bikes all over town without a care in the world only to return home because we were hungry, played board games like Monopoly and Clue, played card games like Crazy Eights and Go Fish and used our imagination!

But as we imagined whatever it was, I don't think we ever imagined the world as it is today. There wasn't even a hand-held calculator, let alone a computer back then! Now, social media rules the world. And, as an individual or an organization, you can embrace the technology of today or be left behind. Your Chamber is embracing it as best we can, and we are learning every day how to use it to our advantage. We are eager to learn, and we realize that this is how the younger generation operates. More importantly, we realize that the future of the Chamber depends on this transition.

Ok! Enough of that serious stuff. We have welcomed two

new members to our Board of Directors: Kendera Mazzuchelli and Kelly Bergeron. Kendera (pronounced Kendra) is a Massachusetts native but has been living in Rindge for eight years. Kendera and her husband love the area and feel it has had a positive impact on the raising of their three children. They have two at Conant HS and one who graduated last year and now serves in the US Air Force.

Kendera has a BA in Business Management from Assumption College and in a few days will graduate from Granite State College with a Masters in Project Management. Kendera recently started working at Millipore and told us that she "couldn't be more excited to be working closer to home for a company with such a great reputation in the community." Welcome, Kendera!

Kelly Bergeron is the owner of First Service Title Company, LLC, located in Jaffrey. As owner, Kelly oversees all operations of the company, which provides settlement services, title examination and title insurance for real estate closings throughout New Hampshire. Kelly embraces the constantly changing industry standards and has successfully completed a Remote Online Notary transaction under NH's law, which went into effect on February 6, 2022.

Kelly has served several organ-

izations: President of the JR Rotary Club, Director of the Jaffrey and Rindge Chambers of Commerce and the advisory board of the Greater Monadnock Medical Reserve Corps. Kelly lives in Jaffrey with her husband Andy and they have three children. Welcome, Kelly! Both Kendera and Kelly are great additions as we start making the transition into the future!

We have added two more office volunteers, allowing us to be open more hours with the summer tourist season approaching. Along with Janet Grant and Joanne Buck, Eleanor Ahlborn Hsu and Sharon Tieger are also volunteering, giving us coverage Tuesday through Friday. Thank you to all!

The Ron Despres Memorial Golf Tournament promises to be a great one! We have eight Corporate Sponsors to date as well as many other sponsors, and several golfers have already signed up. There's still time to be a

sponsor, a golfer or a volunteer for the day. Call the office for more info.

Casey Leach and Cathy Furze have been relentless in their efforts to get the Swap Shop open this year. It has finally been agreed upon by the Town that they will fix the mold issue and repair the roof. I do not have a completion date as we go to press, but we are all hopeful that it will be very soon!

The next few months will be very busy. Along with all the events, the board will be reviewing, discussing and presenting changes to the By-Laws and the Strategic Plan. We will be discussing the transition our Chamber needs to make to stay vibrant in today's world.

Congratulations to all of our graduates! I hope everyone's summer plans and travels happen. Stay safe and healthy!

Cyndy Burgess

Jaffrey Chamber of Commerce President

Remember When...

A Look Back from Past President Owen Houghton

The cover of the 1987 Annual Report is a collage of places, events and items that provide a great reminder of an active and highly satisfying experience in community vitality during my presidency. The logo developed by our resident architect, Bissell Alderman, was the centerpiece, and he went on to propose the development of a Jaffrey tree farm. Steve Krause headed an active Downtown 80's committee that set the plans for improvements, including the route 202 project. Dick Kipperman assisted me in a regional tourism effort, which resulted in the "Start in the Heart" publication and the Monadnock Travel Council. Monthly breakfast meetings at a variety of locations were enlivened by assistance from my VP, Ron Despres, and past president, Bob Potter, both sadly no longer with us. One cover item was a display of the custom Christmas ornaments featuring local attractions. Of note also is the back cover, which supplemented the business and industry listings with membership of 129 individuals (some couples), a tribute to the community betterment concept of founding President Mark Tieger. A memorable time!



CALLING ALL GOLFERS!

The Ron Despres Memorial Golf Classic is Monday, July 11 (rain date is Monday, July 18) at Shattuck Golf Course.

Donuts, coffee, lunch and goodie bags included. Lots of great prizes. \$100 per golfer, \$400 per team.

Register today! Call 603-532-4549 or email info@jaffreychamber.com.

Member News

The Local Crowd and Monadnock United Way Team Up to Strengthen Children and Families in Our Community!

The Monadnock United Way and The Local Crowd are proud to launch the Start Small, Think Big campaign from May 16 through June 10. All gifts given on TLC's crowdfunding platform during this time will benefit Monadnock United Way's signature early childhood initiative Impact Monadnock (IM), which seeks to improve outcomes for all children in the Monadnock Region from birth to age eight and their families.

Poverty, adverse experiences, and limited access to quality child care negatively affect a child's ability to grow to their fullest potential. Unfortunately, children in the Monadnock Region are affected by these factors more than most children in the state.

IM hopes to reverse these trends by implementing the following evidence-based programs:

- Home visiting and education for parents through the Monadnock Alliance for Families

- Access to high-quality child care through tuition assistance

- Promotion of family-friendly business practices through the Impact Monadnock Business Ambassadors

• Social emotional supports for children and their teachers through the Pyramid Model

A gift to the Start Small, Think Big campaign will directly support these initiatives and lay the groundwork for children to get the best possible start in life.

To make a gift, please go to www.muw.org/im-campaign.

Scott-Farrar's Board of Trustees Welcomes Laura Gingras

Scott-Farrar at Peterborough is pleased to announce that Laura Gingras, Vice President for Philanthropy and Community Relations at Monadnock Community Hospital, has joined their Board of Trustees.

Gingras's background includes an undergraduate degree in Accounting from Glassboro State University, and she holds a Master's Degree in Management from Emmanuel College. Laura is a member of the Grand Monadnock Rotary Club, the Greater Monadnock Chamber of Commerce, the Town of Peterborough Economic Development Authority, and The River Center Advisory Board, and she is active with the Union Congregational Church in Peterborough. Laura lives in



Peterborough with her husband, Dave Fish, and their two cats.

"My in-laws lived at Scott-Farrar from 2016 to 2021, and our family is very grateful for the exceptional and loving care they received throughout their final years. I am excited to join the Board and help sustain this wonderful community asset," said Gingras.

"We feel very fortunate to have someone with Laura's skills, experience, and leadership join our Board of Trustees," explains Angela Pelletier, Executive Director at Scott-Farrar.

Scott-Farrar at Peterborough, a charitable, non-profit retirement community, is nestled in a spectacular natural setting, surrounded by lawns, gardens, woods, a walking trail and the Nubanusit Brook, all within walking distance to downtown Peterborough. Whether in Independent Living, Assisted Living or Memory Care Assisted Living, all apartments are spacious, bright and beautiful. The community frees residents of the burden of home ownership and maintenance. Scott-Farrar offers housekeeping, maintenance, executive chef-prepared meals as well as assistance 24 hours a day in Assisted Living and Memory Care. Best of all, Scott-Farrar offers social, recreational and cultural programs that are designed to enrich and enhance a lively senior lifestyle.

Scott-Farrar is located at 11 Elm Street in Peterborough. For more information about Scott-Farrar, please contact Toby Cummings at 603-924-3691.

GFA Federal Credit Union Promotes Lindsey Trotto To AVP/Digital Payments Manager

We are pleased to announce the promotion of Lindsey A. Trotto to AVP/Digital Payments Manager. Trotto joined



GFA Federal Credit Union as a Branch Operations Manager at the Peterborough location in 2019 and was then promoted to Branch Manager and most recently BSA/Audit Coordinator.

"With the right amount of professional curiosity and willingness to learn outside of your comfort zone, you can have a great career at GFA. Looking back, I am glad I did not say 'no' to any opportunities that came my way. I do not think I would have the extent of knowledge, nor network I have today if it wasn't for the experiences gathered through each position," said Trotto.

Ms. Trotto will be responsible for activity involving ACH, Remote Capture and Wire Transfers. She will establish a strong foundation of procedures and guidelines tailored to our business members to assist

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Member News

the growth in the digital payments space, making the benefit a more accessible, convenient channel.

“We know that Lindsey’s prior retail banking experience will add great value to her role as AVP/Digital Payments Manager and ultimately will provide our business members with superior and comprehensive service through digital payment solutions,” said Joshua I. Brier, President and Chief Executive Officer.

Financial Focus: Financial Advisors Can Help Reduce Anxiety

The long-running coronavirus pandemic has fueled a lot of anxieties – including financial ones. But some people have had far fewer worries than others.

Consider this: Among those investors who work with a financial advisor, 84% said that doing so gave them a greater sense of comfort about their finances during the pandemic, according to a survey from Age Wave and Edward Jones.

Of course, many people experience investment-related fears even without a global health crisis, and that’s probably not surprising, given the periodic volatility of the financial markets. But financial guidance can come in handy during relatively normal times, too.

A financial professional can help you . . .

Look past the headlines – Inflation, interest rates, pandemics, elections – there’s always something in the news that could affect the investment world in the short term. But by helping you construct a portfolio that’s built for the long term and reflects your goals, risk tolerance and time horizon, a financial advisor can enable you to look past the headlines.

Avoid emotional decisions – Many people let their emotions drive their investment choices. When the market goes through a downturn and the value of their investments drops, they sell to “cut losses,” even though these same investments may still have good business fundamentals and promising futures. Conversely, when the market is on an uptick, some people chase after “hot” investments, even when they become overpriced and may have very little room to grow. But a financial advisor can help keep you from making these fear- and greed-based actions by only recommending moves that make sense for your situation.

Work toward multiple goals – At various times in your life, you may have simultaneous financial goals. For example, you could be investing for a retirement that’s decades away, while also trying to save for a child’s college education. A financial professional can suggest ways you can keep working toward both objectives,

in terms of how much money you can afford to invest and what types of savings and investment vehicles you should consider.

Prepare for the unexpected – Most of us did not need a pandemic to remind us that unexpected events can happen in our lives – and some of these events can have serious financial impacts on us and our loved ones. Do you have adequate life insurance? How about disability insurance? And if you ever needed some type of long-term care, such as an extended stay in a nursing home, how would you pay for it? A financial advisor can evaluate your protection needs and recommend appropriate solutions that fit within your overall financial strategy.

Adapt to changing circumstances – Over time, many things may change in your life – your job, your family situation, your retirement plans, and so on. A financial professional

can help you adjust your financial strategy in response to these changes.

Achieving your financial goals may present challenges, but it doesn’t have to cause you years of worry and distress – as long as you get the help you need.

Contact Joshua Nero at Edward Jones for more information
593-5213

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones. Member SIPC.

Susan Peterson Honored as Monadnock Humane Society Volunteer of the Year

A Past President, an active committee member and a community volunteer, Susan Peterson has been named Monadnock Humane Society’s Volunteer of the Year for 2021. Susan has served on their Board and been a long-time

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Member News



volunteer with MHS. Susan was asked what it means to her to volunteer with MHS, and she answered, "Being named MHS Volunteer of the Year for 2021, it is heartwarming. The hours I spend with the small animals, cats and dogs give me a feeling of love and fulfillment. It's all about giving back to the community, staff and, most importantly, the animals. Thank you, I am grateful."

Congratulations, Susan!

Jaffrey-Rindge Cooperative School District Expands Preschool Program

We are pleased to announce that we have been able to secure a two-year grant through federal ESSER funds that will allow us to further expand our preschool

offerings for the 2022-23 and 2023-24 school year.

Starting next year, we will add one full-day preschool classroom at Jaffrey Grade School and another at Rindge Memorial School, doubling our capacity for four-year-olds in full-day programming.

This grant allows us to continue our efforts to bolster early childhood education in our community that we began several years ago and could bring the district close to offering a "universal" level of preschool for four-year-olds.

While we currently anticipate that our waiting list will fill all of these slots, we will be sure to reach out to the community should we have any available slots.

Nancy Silva Joins Bar Harbor Wealth Management as Vice President, Wealth Manager

Nancy Silva has joined Bar Harbor Wealth Management, a subsidiary of Bar Harbor Bank & Trust, as Vice President,

Wealth Manager. In this role, she uses her guidance and expertise to help clients identify or clarify their long-term financial goals and then develop a comprehensive plan to achieve those goals.



Nancy has more than 34 years of experience in the financial services industry. She began her career as an administrative assistant at the Bank of New Hampshire. Nancy later served as an office administrator at WS Griffith Securities/Phoenix Life and as a registered paraplanner for the practice of Raymond R. Noel with Northeast Planning Associates. Most recently, she served as Wealth Client Partner/Premier Advisor at Citizens Bank.

Nancy attended Notre Dame College in Manchester, New Hampshire. She has also completed coursework at the College for Financial Planning.

Nancy and her husband, John, live in Mont Vernon, New Hampshire.

Give a Ride and Get a Ride – Everyone Benefits

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Once vetted volunteer drivers choose which trips best fit their schedule, they call the rider to verify pick-up times and, when they return home themselves, they track their total mileage for reimbursement from CVTC. Drivers select when, to where, and for how long they are available. By making this difference in a rider's life, drivers contribute to the health of the Monadnock Region, one person at a time.

Please call CVTC for more info at 877-428-2882 x 5.

Thank You for Renewing

BUSINESS

Advent Lutheran Church, Apollo Steel, LLC
 Dead River Company, Jaffrey Family Medicine
 Jaffrey VFW Post #5613, Jaffrey Woman's Club, Inc.
 Jaffrey-Rindge Memorial Ambulance
 Jaffrey-Rindge Rotary Club
 Pack 33, Troop 33 & Troop 33A of Jaffrey
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Member News

GFA Federal Credit Union's 2022 Board Of Directors

The Annual Meeting of GFA Federal Credit Union was held April 27 in the Main Branch, Headquarters Community Room at 229 Parker Street, as well as virtually, giving all members the opportunity to view and share in the Credit Union's successes of 2021, along with hearing about GFA's vision and strategy for the years to come.

In 2022, several Director terms ended, and five members entered re-election. In the years prior, the GFA Board of Directors was led by Gerald L. Bankowski, Chief Governance Officer; Andrew N. Boucher, Vice Chair; and Mark P. Hawke, Clerk. The terms for Mr. Bankowski and Mr. Hawke expired in early 2022. The entire GFA family and their community experienced the untimely loss of Mr. Boucher prior to the end of his term. During their tenure, they provided GFA Federal Credit Union and ultimately their members with outstanding leadership. GFA acquired Cheshire County Federal Credit Union, and assets grew from \$454 million to over \$670 million.

The following Board Members were elected to the open roles in 2022: Douglas R. Delay (Incumbent), Retired Purchasing Manager of Latrobe Specialty Steel Distribution, a division

of Carpenter Technology Corporation, elected to the role of Chief Governance Officer; Mark P. Hawke (Incumbent), Gardner School District's Director of Finance and Operations, elected to the role of Vice-Chair; and JoAnne W. Parks (Incumbent), Operations Manager, M.H. Parks Company Incorporated, elected to the role of Clerk.

"We are so fortunate to have a Board that is comprised of professionals from a multitude of industries, with extensive experience who volunteer their time - some serving term after term to a mission they truly believe," said Joshua I. Brier, President & Chief Executive Officer, "for GFA Federal Credit Union to earn the trusted position as your financial solutions partner, for all life's occasions, while remaining invested in our communities."

At the 2022 Annual Meeting, five individuals were re-elected to the Board of Directors to serve additional terms. The re-elected Directors include Heather Isaacs (Incumbent), Certified Public Accountant and Partner at Goulet, Salvido & Associates to serve a two-year term; Gerald L. Bankowski (Incumbent), President/Owner of Venning & Jacques P.C; Elaine T. Fluet (Incumbent), President & CEO, Care Central VNA & Hospice; Michael T. Horrigan (Incumbent), Partner at Horrigan Cleaners; and John



Pictured left to right: Joshua I. Brier, President & Chief Executive Officer of GFA Federal Credit Union; Mark P. Hawke, Vice-Chair; JoAnne W. Park, Clerk; Douglas R. Delay, Chief Governance Officer.

Richard (Incumbent), Auditor for the City of Gardner. All were re-elected to serve a three-year term.

"We are honored that these individuals volunteer their time to serve as members of our Board of Directors. They possess the business acumen that is required for the responsibilities of this Board and are well poised to participate in the strategic vision of GFA," said Douglas R.

Delay, Chairman of the Board of Directors.

The candidates were recommended by the Nominating Committee and elected by the Membership. The nominating committee has the task to nominate the best candidates to serve as representatives on the Board of Directors. Being elected by the Membership, Directors ensure that governance is practiced in the best interest of GFA's Member-Owners.



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Coming Events

First Church 105th Fair on August 3

Last year, the Annual Fair emerged from its COVID lockdown (no Fair in 2020) and was a big success in so many ways. While COVID distancing and masks were encouraged, everyone seemed happy to be outside, meeting friends for the first time in several months, and returning to a beloved tradition.

The First Church will have the 105th Fair this year on Wednesday, August 3, from 1 to 4. Chairs Bruce and Pam Hill report all Fair leaders are returning and all venues from 2021 are a go. That means admission is free and food is abundant. The popular venues include a garden center, antiques, bakery, fine art, white elephants, tools, and small electronics. The Fair no longer offers book and furniture sales.

At the Children's Fair held in the horse sheds, kids can play games

to win prizes, decorate cupcakes, test their strength, find treasures to buy, ride in an antique car, and more.

This event depends on roughly 100 volunteers to set up, sort, sell, park cars, and clean up. While the church's congregation plans and organizes the Fair, two-thirds of the workers come from the wider community. The Jaffrey Chamber of Commerce helps with publicity, and several local businesses contribute time, equipment, and money.

Funds raised help support more than one dozen local social service organizations and scholarships for Conant High School graduates.

There will be three dates to drop off items at the church:

Tuesday, July 7 • 9-11 am

Thursday, July 21 • 2-4 pm

Saturday, July 30 • 11 am-1 pm

Look for Fair updates at www.firstchurchinjaffrey.org.

Project Shakespeare Announces 2022 Summer Season with Two Shows!

PS Too! (ages 7-12) will present *Shakespeare Gone Mad!*, conceived and directed by advanced PS students Helen Martynuska and Indigo Wolf, assisted by Aurora Sousa. This presentation is a series of scenes and monologues focusing on Shakespearean characters who have crossed the line into madness. Some of the famous characters will include Lady Macbeth, Ophelia, Malvolio and Lear.

PS Mainstage (all ages up to 18) will present Shakespeare's romantic comedy *The Taming of the Shrew*, directed by PS Founder and Director Deborah Shakespeare Thurber, assisted by Associate Director Abigail Hampson and Kali Zaffran as Stage Manager.

Interns include Josie Goodwin from High Mowing and Audrey Young from South Meadow Middle School.

Baptista's daughter, the sweet-tempered Bianca, can have her pick of suitors but not until her elder sharp-tongued sister, Kate, marries. Rising to the challenge is the gold-digging brute Petruchio. They are a perfect match in wit and will but can they tame their "inner shrew"?

Shrew is often called "the battle of the sexes," but this production will explore the roles we play and underneath who are we really?

The company of Project Shakespeare students range in age from 7 to 18 and include Brayden Boice, Chloe Comeau, Maya Fredrickson, Harper Galligan, Travis Hatfield, Lilli Helsel, Madeline Latini, Seamus Malloy, Helen Martynuska, Benjamin Michaud, Max Michaud, Amalia

Oreamuno, Lif Petrova, Miranda Pipitone, Emmy Ratcliffe, Morgan Ratcliffe, Aram Russell, Jem Russell, Aurora Sousa, Indigo Wolf and Juniper Zimmer.

Shakespeare Gone Mad! and *The Taming of the Shrew* performance schedule includes:

- Peterborough Players' Elsewhere Stage, Peterborough July 25 / August 9*
- Cathedral of the Pines, Rindge July 27 / July 28*
- Garden Sanctuary/ Dublin Community Church, Dublin July 29 / August 1*
- Jaffrey Civic Center Lawn, Jaffrey July 31 / August 4*
- Hancock Town Commons, Hancock August 3/August 7*
- New Ipswich Congregational Church, New Ipswich August 15/ August 9*
- Robin Hood Amphitheatre, Keene August 6/ August 10*

All performances are at 6 pm. Tickets are \$10 for adults and \$5 for children 12 and under.

Reservations are requested. Go to projectshakespeare.org for further information and to make reservations.

SPECIAL PERFORMANCE

Enjoy dinner and performance on the lawn of the beautiful Aldworth Manor.

Aldworth Manor, Harrisville Aug. 3 / Aug. 4*

Ticket price yet to be determined.

Call 827-2854 for dinner and performance information and reservations.

* indicates rain date

Project Shakespeare has been transforming students' lives through theatre education for 28 years. Founded in 1994, Project Shakespeare is an intensive

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theatre experience offering professional instruction using voice, movement and acting to help students experience Shakespeare's language in action. From the printed page to the stage, students face the challenge of learning how to translate the written word into an exciting theatrical experience alive with personal meaning for the performer and the audience.

For more details, contact Founder and Director Deborah Shakespeare Thurber at projectshakespeare@gmail.com or visit our website www.projectshakespeare.org.

Summer Programs at The River Center

The River Center is offering several programs focusing on families and exploring the communities we live in.

Ongoing programs such as Baby and Me on Mondays in person and See the Able Not the Label support group on the first and third Wednesdays over Zoom continue throughout the summer.

Money coaching, home visiting, and resource referrals are available at any time to anyone who wants or needs assistance, regardless of income.

Returning this summer beginning Wednesday, June 29, will be the ever-popular Families, Forests, and Farms where the group will be exploring a different location and activity from berry-picking, easy trail walking, farm visits and more each week.

New to the line-up is an extension of the Mini Explorers program, Summer Explorers. Open to families of all ages with a focus on those with three- to nine-year-olds, participants are going to have a ball exploring different trails and streams, vernal pools, bugs, plants, and more each week.

On the evening of Friday, June 10, we are holding a Family Picnic and S'mores Night at Adams Playground in Peterborough. Open to all families in the area, you bring your own picnic and we supply the s'mores supplies. Fun and done!

Then in August, bring your own snacks, beverages, blankets and chairs to enjoy another exciting Family Movie Night under the stars. Details are being firmed up and will be available on our website.

All of these programs are open to residents of the towns of Peterborough, Jaffrey, New Ipswich and surrounding areas in the Eastern Monadnock Region and are offered at no cost to participants. Registration is required for each of the weekly programs and one-time special events through our website at www.rivercenternh.org. Register for as many weeks as you'd like. Email info@rivercenter.us or call (603) 924-6800 for more information about our other services.

Humane Society Hosts Animal Medical Care Clinics

With the cost of everything increasing this past year, including the cost of veterinary care, the Monadnock Humane Society (MHS) is doing its part to help. They have expanded pet care services with affordable public pet health clinics. These clinics are dedicated to helping owners keep their pets healthy and up-to-date on their vaccinations. They offer exams, microchipping, minimal diagnostics, and preventatives through the income eligible vaccination clinics. MHS has a full-time licensed veterinarian who will be administering the vaccines and performing all procedures. The programs and services are available to everyone who lives in one of the 44 towns and cities within the Monadnock Region, including

Jaffrey. Monadnock Humane Society is 100% funded by the generosity of people within the communities we support and through annual events, like our 34th Annual Walk for Animals taking place on June 25. Please visit their website for more information.

They are currently offering three clinics:

Income Eligible Preventative Care/Vaccination Clinic is from 9:00 am to 12:00 pm - for families currently receiving financial assistance. Appointments are required.

Public Rabies Vaccination and Microchipping Clinic is from 1:00 pm to 4:00 pm - open for all members of the public. No appointment needed, just drop in!

Public Feline Spay/Neuter Clinics: There is a \$25 deposit required to register. You can make an appointment on our

website starting in the middle of May.

They hope people will take advantage of these affordable services and get their pets vaccinated and cats spayed or neutered. Vaccines are crucial for pet health and safety. The benefits of vaccinating your pets are that it protects them against devastating diseases, such as Rabies, Distemper, and Lyme disease.

The core vaccinations that we administer for dogs are:

* **Canine DHPP, also known as Canine Distemper vaccine:** Protects against canine distemper, canine adenovirus and parvovirus. This combination vaccine protects against neurological and gastrointestinal symptoms which can potentially be fatal.

* **Rabies vaccine:** Causes progressive neurological problems and death, is transmitted when



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an infected animal bites, and can be transmitted to humans.

* **Lyme vaccine:** Protects against Lyme disease transmitted by the blacklegged tick (*Ixodes scapularis*) and prevalent in wooded areas.

* **Lepto vaccine:** Protects against leptospirosis.

* **Bordetella bronchiseptica, also known as Kennel Cough vaccine:** Protects against the virus that causes kennel cough, a respiratory infection common where dogs are together in groups like the dog park, the groomer, doggie daycare, or a boarding facility.

The core vaccines that we administer for cats are:

* **FVRCP — Feline Viral Rhinotracheitis, Calicivirus and Panleukopenia**

* **Rabies vaccine**

Some common questions about the vaccines are:

Will my pet have side effects?

Regular vaccines are an important part of your pet's basic health. Side effects are so rare they are outweighed by the tremendous health benefits your pet receives from being vaccinated. If side effects do occur, they are usually mild and may include swelling at the injection site, a slight fever, stomach sickness symptoms such as vomiting or diarrhea, loss of appetite, lethargy or sneezing. These symptoms will typically go away within a few hours or days, and many pets don't experience side effects at all.

Do my pets need to be vaccinated every year?

Some vaccinations are more effective at specific ages, certain treatments need to precede others, and some vaccinations need to be given within a certain amount of time of other shots to be effective. Discuss your pet's vaccination timeline with the staff at our clinic. They'll be happy to answer your questions.

What does the FVRCP vaccination prevent?

The FVRCP vaccine, also known as Feline Distemper Vaccine, is a combination vaccine that helps to protect your cat against three viruses: **Feline viral rhinotracheitis, Feline calicivirus and Feline panleukopenia.**

All three of these feline illnesses have the potential to be painful or fatal, but they're all highly preventable with the proper vaccines.

Some common questions about the clinics are:

When are the clinics?

Public Rabies Vaccination and Microchipping Clinic is on Wednesdays between 1:00 and 4:00 pm. Open to all members of the public.

Income Eligible Preventative Care Clinics are held on Wednesdays from 9:00 am to 12:00 pm. You will need to schedule an appointment by contacting MHS directly at 603-352-9011, ext. 203.

How much does the public rabies and microchip clinic cost?

Rabies Vaccinations cost \$15 per vaccine. All rabies vaccine certificates will be written for one year unless the owner presents a signed rabies vaccination certificate for the dog or cat at the time of the clinic, in which case the vaccine will be effective for three years (rabies tags alone will not be sufficient proof of a rabies vaccine).

The cost for microchipping is \$20.

Costs for all other vaccines are listed on our website at monadnockhumanesociety.org/health-clinics/.

Public Feline Spay/Neuter Clinics

Cats brought to our clinic are given a basic exam, after which they are spayed (females) or neutered (males) and given distemper complex and rabies vaccines as appropriate. Cats will also have their ears cleaned, nails trimmed, and coats checked for fleas.

What is the cost?

The cost is \$75 for male cats and \$100 for female cats.

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How old does my cat need to be?
Kittens at least 8 weeks of age.

Can I bring my cat in if she's in heat?

The clinic is open to all healthy cats, including cats in heat, feral-cats, and pregnant cats.

Microchips are available for an additional \$10/cat (clinic only).

They are taking reservations for June 2022. There is a \$25 deposit. Register by phone with a credit card. Call (603) 352-9011 ext. 101.

Blue Star Continued from pg 1

clients on exercise routines, she did many of her classes outside.

Blue Star Fitness is located at 9 Blake Street in Jaffrey. Ursula offers classes for the public and personal training by appointment. Most classes have 12 to 15 participants who range in age from 13 to 80. She can be reached at 603-491-7766 (call or text) and at www.bluestarfitness.net. Exercise improves your mood and your sleep habits plus it gives you more energy.



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For COVID safety, masks and social distancing are recommended for all.

Festivities are held in and around First Church in Jaffrey and the Meetinghouse



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Food for Thought Luncheon Series

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Shattuck Golf Club

Poker Run

Sunday, August 21

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